



**"He who seeks  
rest finds boredom  
....He who seeks  
work finds rest."  
– Anonymous**

**WatchGlass  
Advisors, LLC**

*By isolating a  
single aspect of a  
broader situation  
and focusing on  
it, great progress  
can be made...*

## My Father's Hands

by Rosanne Scriffignano, CRC, ACC

When I was a little girl, I marveled at what my father's hands could do. They fixed broken toys, wiped away tears, and tapped out the rhythm of our favorite song. I wasn't sure what his hands did at work, but I just knew that they were never idle.

My father is almost 89 years old. His hands bear markings of a life-time of hard work: a scar here, a callous there-all blending together to build the landscape of my father's hands.

When he retired in his late 70's, my father's hands became less busy. He continued to work around the house but he was restless. He needed something meaningful to do with his hands.

A few years ago, we came across a photo of a snow man and dog carved after a blizzard in the 1940's. What struck me about those images was the detail in their forms. They looked like statues you'd find in a museum. What was more amazing was that my father's hands had created them. My father was an artist!

Ever since that revelation, we provide dad with a steady supply of art projects, including paints, brushes, and paper. After learning about the Michelangelo Method™, I now realize that we are supporting his passion for art.

My father's hands now spend hours on challenging projects, including paintings and three-dimensional artwork. His latest masterpiece was the restoration of a weather-beaten religious statue. Dad saw beauty beyond its chipped and faded lines. He used his hands to breath new life into its form.

What passions and talents lie deep within you? What do you see when you look at your hands? Do they reflect the life you truly want or do they reflect only part of that life?

It's never too late to find your life's passions. Take a few minutes now and really look at your hands. Then, imagine the extraordinary life that they can build for you.

To learn more about reaching your business, career, and retirement goals, visit:  
[www.WatchGlassAdvisors.com](http://www.WatchGlassAdvisors.com)